

Learning

War in Ukraine: One Year On

by Hana A.

The ongoing war between Russia and Ukraine has hit a one-year mark, and during this time changes have been happening all over the world.

People have had to flee their homes to help them or their families and in so doing, have taken little to nothing with them, just to find safety elsewhere.

Countries like the UK, US, Canada, and Germany have all helped in this devastating period in hopes of a change and to put an end to the war.

Charities and organisations have been created in hopes of helping those who have had to resort to leaving their homes - such as the Polish Red Cross and UNICEF - in which anyone can donate to.

The past year has been hard for numerous people, so the aim of this article is to help spread awareness of the situation so help can be easier to receive for those who feel they need it.

You may have family or friends that have had to flee their homes, and it can be upsetting that they must go through the war. If you ever do feel this, make sure to speak to a trusted adult and see what you can do to help yourself.

How to Help UKRAINE

Sunflower of Peace
www.sunflowerofpeace.com

UN Refugee Agency
https://unrefugees.org.uk

United Help Ukraine
https://unitedhelpukraine.com

check social media for local drop offs and items required

Redcross Ukraine crisis appeal
www.redcross.org.uk

@chooselove
https://chooselove.org/donate

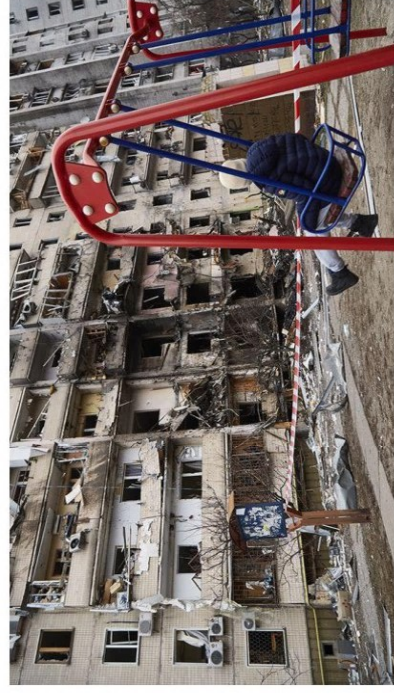
UNICEF.org
savethechildren.org
Voices of children:
voices.org.au

support independent journalism:
byindependent.com

write to your mp
attend a demo



@thepsychologymum



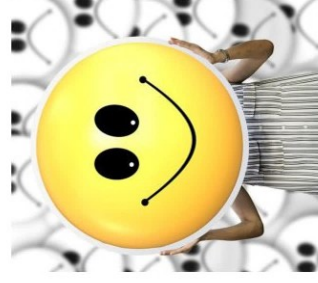
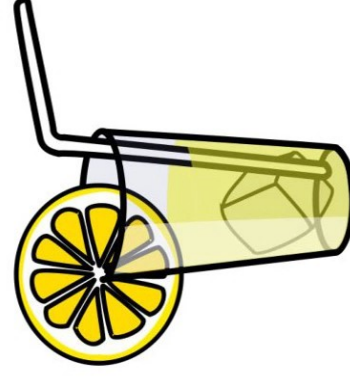
Well-being

positive quotes to peek at when life is giving you lemons



by Sabrina and Shakiba

- ★ Believe, prepare, and kill it! -Shakiba
- ★ Always end the day with a positive thought, no matter how hard things were, tomorrow is a fresh opportunity to make it better. - Inspired by an Anonymous
- ★ When life gives you lemons, make lemonade! - Sabrina
- ★ You are enough just as you are. - Inspired by Meghan Markle
- ★ A winner is a dreamer who never gave up. - Inspired by Nelson Mandela
- ★ If you see someone with a smile today, give them yours. - Inspired by Dolly Parton
- ★ The only person you must prove anything to is yourself -Shakiba
- ★ Act as if what you do makes a difference, it does. - Inspired by William James
- ★ When you replace negative quotes with positive quotes then there will be positive results. -Madeeha
- ★ Happiness is not by chance, but by choice. - Jim Rohn
- ★ Work hard and you will succeed in every aspect of life and life will spell out the word harmony. - Shakiba



EYU Welcomes Special Guests

by Asiya and Layla-Grace

Did you know that the EYU had a very adorable visit?

There were two adorable dogs that one of the EYU teachers (Jackie) brought in. There was one big dog and one little one.

hopefully, they will learn how to handle pets including dogs. The children loved these cuties!

I hope they have learnt a lot from this enjoyable experience of how to care for animals. Like how to pet them without them getting upset or how to feed them.

And we all hope the children had learnt that animals are as important as humans.

We know this will become a tradition for Harbinger Primary School, for years to come!

Together Learning

Year 3 and 4 Visit National Gallery

By Aimée

On a Tuesday last month, the year 3 and 4s visited the National Art Gallery which has a collection of over 150,000 paintings. There, they observed and admired the cultural and educational artwork displayed.

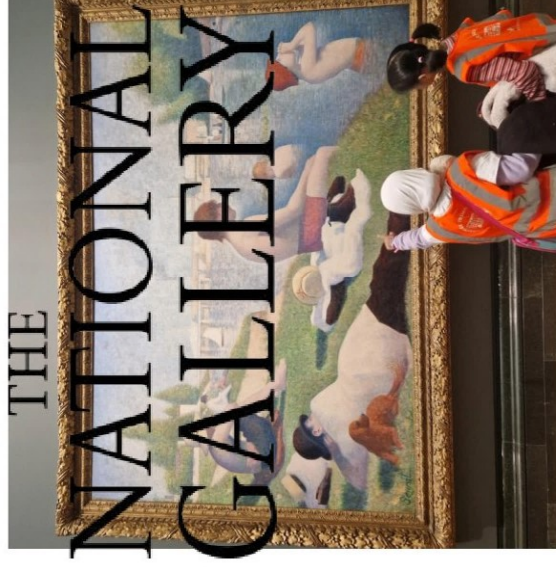
They even drew sketches of their surroundings. Year 4 student Henry was asked for photos of his incredible drawing. Teachers Emily and Luke remarked on how well the class performed and set a great representation for our school.

Here are some quotes from the children that attended:

Henry said, “The trip was calming because we got to sketch pictures quietly and edit them.”

Felipe exclaimed, “Our trip was amazing because members of the public didn’t want to take photos of the real paintings but of our sketches!”

According to Nicole, “The trip was nice because we got to see some paintings from a long time ago. Some were over 100 years old.”



The Harbinger Chronicles

April 2023

Volume 2, Edition 4

Your Voice Matters!



www.harbinger.org.uk

Learning · Well-Being · Togetherness

The Harbinger Primary School newspaper is written by the children, for the school community; our newspaper is published every half term.

Learning

Harbinger Goes for Gold in Dragon's Den Competition

By Aayan

Dragon's Den is a project that the year 5 have been focused on for over a month. Small groups pitch their ideas for a business or invention as a presentation to show to the Dragons, senior people at HSBC. If the Dragons like it, one group out of the six groups at Harbinger will go to HSBC to show their product and compete against other local schools at their Canary Wharf office.

Dragon's Den, cont'd p. 10

World Book Day Coverage!

pages 7-8, 10



Well Being Togetherness

Red Nose Day Brings Comic Relief

By Hana A

Red Nose Day is an event day, held this year on 17th of March, and organised by the charity Comic Relief. Founded in 1985, it is a time when thousands of people come together to try and put an end to poverty and help those struggling with the issue. Each red nose that is bought goes to this charity , and all the

REDE NOSE NDAY

Red Nose Day, cont'd p. 10

In a conversation on how we should cover International Women's Day, we realized that we have a lot of feelings about what it is, what it should be, and whether it should be commemorated or celebrated at all.

There are so many holidays, religious and otherwise, that we don't ever question. But for whatever reason, International Women's Day is not one of them!!

Here are some of our thoughts. Feel free to let us know yours. Is there another controversial issue or holiday you think needs discussing? If so, let us know. It just might be featured in our next Question of the Issue.

Question of the Issue: Is there a place in society for International Women's Day?

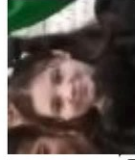


In my opinion, I think there should be an International Women's Day because of what women went through to get basic human rights and to be treated fairly. It was only in 1928 when women were finally given the right to vote, which men always had. One day to celebrate what women have achieved is hardly anything if you compare it to how long it took for women to be treated fairly.



Yes. Women have fought for freedom and they still don't have equality. Men still get better than women especially when being a lawyer or being a manager of something.

I think that women should be respected. They earned this special day because they are equal to everyone. I feel like it is men's day, every day. It would be unfair if there was not an International Women's Day. For example, housewives do not get paid and they work super hard to keep their house or their husband's house spotless, so I think it would give them confidence to know that they are loved and treated with respect



There should be an International Women's Day. Women should have the right to be respected and have a day to be recognized. Not all countries respect women. They think men belong in a higher place than women. Also, some people believe that women must be stay-at-home mums and cook and clean while men work hard, but that men can't be stay-at-home dads and cook and clean while women work hard. Another thing is that women often get lower pay than men because of their gender.



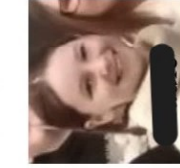
There should be a Women's Day because every day is men's day. Also, women have fought to get this far, and we still don't have everything that men have worldwide.



I believe there should be an International Women's Day because girls need to be loved as much as boys and we should respect boys and girls every day.



Women are judged and others believe things that are not true or are believable. Men that have a higher job or are in leadership should treat their staff with equality but women do not always receive the respect they deserve. And sometimes men get a pay rise or a raise in their job title but, if men get raises women deserve a chance too. So, to conclude I believe that international women's day should continue with the existence of representing women.



I don't think there should be an International Women's Day because we fought for so long to be equal with men and giving us our own day is just going back on what we fought for so long for. There shouldn't be a man or women's day!

International Women's Day is important because women did not always have the rights that boys have. Still, men get paid more than women even when they do the same job. That is unfair because everyone should have the same rights. Also people think that men are stronger than women and that girls are weak but anyone can be strong no matter what gender you are.



Maths: Algebra vs. Percentages

What's Better? Year 5 or Year 6?

By Shakiba

Which is better, Year 5 or Year 6. That's a tough question without a clear answer but a lot of interesting points on either side.

"I say Year 6 because I feel in year 6 you prepare yourself more before secondary and you have more to celebrate than every other year group at the end of the year," explained Asiya, a Year 5 pupil.

"Year 6 because there are so many fun trips and you change and become more determined towards your studying and it is hard sometimes but, it pays off," said a year 6 pupil.

"Year 6 because I am in the year group," said Madeeha.

"Year 6 because you must work harder and push yourself and you get this feeling and just like being in year 6," Ayra, a year 6 pupil said.

On the other hand, Sabrina who is in Year 5 said she prefers it, "because you can relax a bit more and the work is simpler."

"I have a preference on being in year 5 because it is more relaxed and in year 6 you must work harder for SATs and secondary school," explained Aimee year 6.

In conclusion, both years have their challenges and both have their benefits.

By Shakiba

As you might know, you are typically introduced to the maths unit on algebra and percentage in year 6. Though both are equally challenging, opinions on them differ. Some find them a fun problem-solving challenge; others disagree, and can find the topics tricky to understand.

But what do the year 6's, who learn it the most, think? And do they have some tricks on how to solve these problems?

"It's not that I found it hard all the time but sometimes it is tricky. But if you know how to answer certain questions then you can answer all the percentage questions." -Hana A.

"I think if each square is worth 1% and 25 squares are shaded then it is worth 25% out of 100% so 25 squares = 25% out of 100%." -Layla, -Grace

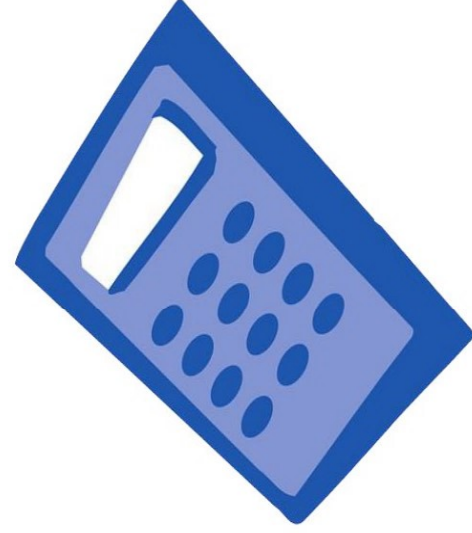
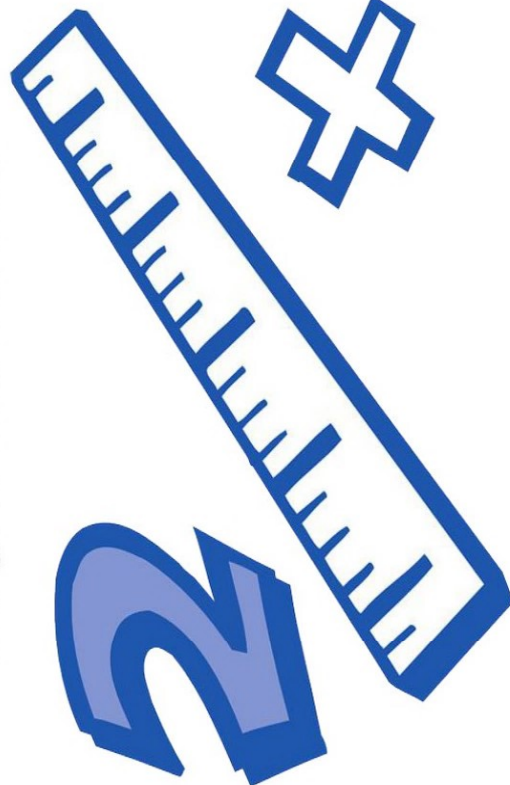
"They are ok topics. -Hana R"

In my opinion percentages are bewildering and there are some sections of the topic that I can understand. Yet, some are tricky and a bit confusing when I can't get the hang of it.

Compared to percentage I would not describe algebra as a simple task. In some areas or in self-productivity algebra is a challenging, problem-solving skill but sometimes it is a bit fun and interesting.

To conclude, I would say in my opinion, that I find I enjoy algebra more and have been finding percentage confusing with methods.

Now the question is what do you think? Yes you! What do you think percentages or algebra?





Secondary School Admissions Are Revealed

By Eadie

On March 1, Year 6s from across London found out what secondary school they got into! Many Harbinger students got into George Green's Secondary School, but some students will attend schools in other areas of London.

Learning Togetherness



GEORGE GREEN'S SCHOOL

I visited quite a lot of schools when deciding where to apply, including schools in Lewisham, Greenwich, Hackney and Westminster but most of my classmates did not visit any.

Most of us were quite happy with our school, but I do know of children who were disappointed and that is okay. Who knows, they might be surprised, and enjoy the school they got into.

One thing many Harbinger students agree on is how upset we will be to leave Harbinger, yet we feel excited at the same time. Others haven't fully processed their feelings yet and just don't know how they feel.

I hope secondary school can be fun and enjoyable just like primary school. And I think secondary school will be an adventure.

SAT Prep for Year 6 is Full On

By Hana R and Shakiba



SATS are coming soon for the year 6's. Besides having a lot of feelings about about the tests, the students, alongside their teachers, Fiona and Meagan, are preparing in many different ways, including mentally.

Opal class teacher Meagan explained how she is approaching this time. "In our maths lessons, we have made our sessions more adaptable for our students to access. After school, we run a maths, reading and grammar booster club to help with their confidence."

How do the year 6's feel about SATs?

"I feel a mixture between nervous and excitement because I don't want to fail my SATs but I do like standardised assessment tests," explained Madeeha.

Hana R. focused on Fiona, "If you are in Fiona's class, she pumps you up more than needed and I feel a little nervous and excited."

Also speaking of Fiona, Gaia said, "Fiona has been immensely helpful and it is tremendously nice how she cares about our SATs and our scores."

"Practice SATs helped. I am not feeling too bad yet," said Amber class student Aimee.

SATs are sooner than some students would like. "I feel nervous on how soon it is and but I am determined to get good results and to celebrate after," Shakiba said.

How are the year 6's revising for the SATs and the next stage of their education?

"I practice more at home for SATs," said Hana R. Shakiba said, "I practice maths mostly. I have been looking at my old practice tests and work on the questions I got wrong. I asked Fiona about a question I got incorrect on my test."

So, as you all can see the year 6's are feeling agitation and pure excitement.

Good luck to all the year 6's including us!!!

Learning

Three major religions have holidays during this half-term. Christians celebrate Easter, Jews celebrate the seven days of Passover and Muslims celebrate the month of Ramadan.

Easter is Here

by Aimée

Easter, which is preceded by a Holy Week including Good Friday, is on the 9th of April this year.

It is a holiday that marks the date when Jesus (who Christians believe is the son of God) was resurrected – three days after he was crucified.

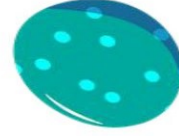
For many Christians, this is the joyous end of the Lent, season of fasting and penitence that starts 40 days prior on Ash Wednesday.

In medieval times, eating eggs was forbidden during Lent. Now, many Catholics stop eating meat on Fridays during Lent and others chose something else to give up for 40 days.

Christians believe that this represents Jesus Christ's sacrifice when he went into the desert to pray and fast for 40 days before later dying on the cross. They believe his Resurrection represents the anticipation believers can have in their own resurrection.

Many people across the world celebrate Easter with special church services, family dinners, lighting candles, and chocolate egg hunts. Eggs are seen as a symbol of fertility, whereas springtime is seen as the time of new life and rebirth.

Did you know over 80 million chocolate eggs are sold every Easter?



Seven Days of Passover

by Eadie

Passover is a Jewish holiday which takes place from the 5th of April until the 13th of April this year, but follows the Jewish calendar so it is on a different day every year.

Passover is celebrated to remember the Biblical story of the Jews' escape from slavery in Egypt which happened over 3000 years ago!

During Passover, Jews eat a crispy bread called Matzoh (pronounced matza) because they fled Egypt in such a hurry that there was no time for their bread to rise.

As the story goes, God told Moses to lead the Jews out of slavery. So Moses asked the Egyptian Pharaoh to free them but the pharaoh said no. Moses asked again. Each time the Pharaoh said "no," God sent a plague down on Egypt (darkness, lice, boils, cattle disease, etc.). The tenth and final plague is the most drastic: the killing of the first born by the so-called angel of death.

In order to protect their first-born children, the Israelites marked their doors with lamb's blood so the angel of death would pass over them. The holiday is called Passover because first-born Jewish children were 'passed over' or spared, and saved from death.

Passover is a fascinating holiday which is also known as the holiday of freedom.



Ramadan and Eid

by Hana R and Madeeha

Ramadan

Ramadan is the month before Eid. This year, it starts on the 23rd of March and ends on the 23rd of April. During Ramadan Muslims fast, meaning they cannot eat until sunset. But they wake up before sunrise and eat. Usually for Iftar, the meal breaking the daily fast, they start off with a date and water because that is what their prophet did.

Why do Muslims fast?

The act of fasting is meant to remind Muslims of the less fortunate and to reinforce the need to be thankful. As one of the five pillars, or duties, of Islam, fasting during the month of Ramadan is mandatory to:

- Help Others. One of the key aspects of this month is the giving of Ramadan donations.
- Purify Oneself.
- Attain Taqwa.(Taqwa is a month of God)
- Promote Equality.
- Practice Self-Discipline / Detachment.
- Gain Reward.



What do Muslims eat when its Iftar time?

Muslims eat so many different foods. Different countries equal different foods. Bangali Muslims eat Kisorri, keema, bora, biriyani, and rice. Sometimes they gather with their relatives, and they all eat together.

Why don't some people fast?

Some people do not fast, and you might want to know why. Lots of women do not fast for private reasons, but also pregnant women cannot fast. People who travel or are ill also do not fast. They must fast and pray when they stop what they are doing. However, young children do not have to redeem themselves, but they can practise fasting too.



What is Eid?

Eid is a celebration that Muslims celebrate. It is a break after Ramadan. There are two Eid's in one year. The first Eid is after Ramadan, and the second one this year is on June 28th.

Eid prayers

Muslims have a special prayer they do in Ramadan. This is called tarawih and Tahaj Udd. You pray Tarawih right after Esha. There are 20 rakats altogether the shortest you can pray is 8. You pray it in twos and it is also sunnah prayer. After every 4, you read a special dua. The other one is called Tahaj Udd. If you pray this you must do with a prayer from Esha. You must do this before the Fajr prayer.



Sports



Learning

Celebrate St. Patrick's Day

By Aimée

As you may be aware, St Patrick's day took place on Friday the 17th of March. It commemorates St Patrick and the ignition of Christianity in Ireland and the heritage and culture of the Irish.

People celebrate by wearing green, which symbolizes Irish nationalism and the colour of the Irish flag and cook corned beef and cabbage (a traditional Irish American meal).

Furthermore, people flood the streets to watch parades of Irish dancers and musicians and the march through the streets. You may be asking 'who is St Patrick?' well he was born in Roman Britain and was kidnapped, enslaved, and then brought to Ireland at the raw age of 16. He later escaped but was then credited for the introduction of Christianity to Ireland.

St Patrick's Day marks the day of his death.



Harbinger Footballers Compete in Tournament

by Gaia and Hana R

This term, girls in year 5 and 6 went to a tournament on Tuesday 28th of February in Mile End Park.

The tournament went on for the full day (10:00 am – 2:30 pm).

Beside one match which they drew, the girls won each match that they played against opposing schools.

Unfortunately, the girls got beaten by Cubitt Town Primary and did not progress any further.

After this defeat, they made their way home, knowing that they tried their best and that they would hopefully have a better chance in the next coming girls football tournament.

Ramadan and Eid

S B A X E O W Z D U L F P S V
E H I N X H D U Y N F A J R D
I R E X C R K H Q U R A N M B
D A M G C B U R G E K R P A C
C M A N D A T E F R U I T A K G D
L A U N L L Z L L D Y M V H K
S D C K B L X I Z M N A G R B
U A F L Y D V I O U E D Q I T
R N Y R O K R X D B X A P B I
A K G P Z G G E R A Z N T V S
H A E C M A S R F R W V F L H
O R F A S T I N G A L A S Y A
R E O P R A Y E R K D F K D G
Z E D O Z C E L E B R A T E K
V M I E O E M P A T H Y I P N

Ramadan Kareem Eid Mubarak Celebrate
Ramadan Date fruit Empathy
Maghrib Prayer Qur'an
Surah Fasting Eid

Fajr
Zuhr
Isha
Asr

Easter

C V S C Q G P B J W L E L R V
R W F Q H T Z Q A X P O H L Z Z C
E K C U T O G K N O F B A F R B
S Q U T O G H L E X K L A P A F H
U L C C D H L E X K L A P A F H
R R E F E V I N I K S P P Q S
R O L F C S S D V X X K Y P O G
E Z E U H G F O P V Y T A K P E
C O B R F A I E C A F U S F P R G
T I M A B P U Z K O A L T I T G
O P T U R L G K K L I E F R S
N N E N I F I V F H A R D V J
A R C N L F R Y B Y Z T F Q N
C N P Y J O S Y E A S T E R Z

Resurrection
Chocolate
Basket

Happy Easter
Holiday
Bunny

Celebrate
Easter

April
Eggs

Word searches by Sabrina and Asiya

Togetherness

World Book Day Celebration

by Madeeha and Ayra

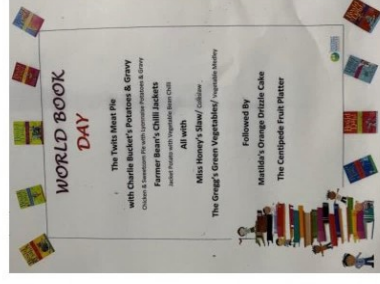
The day before the 2nd March teachers strike, we celebrated World Book Day at Harbinger by dressing as our favorite book characters and enjoying a special book-themed school meal.

There was delicious food such as the Twits meat pie with Charlie Bucket potatoes and gravy, chicken and sweetcorn pie with lyonnaise potatoes and gravy, Farmer Bean's chilli jackets, Miss Honey's slaw, the Greggs' green vegetables, and for dessert we had a choice: either Matilda's orange drizzle cake OR The Centipedes fruit platter.

What did you eat?

Many people dressed up as their favourite book characters, there were many Wednesdays and Spider-Mans this year.

Many of the teachers also dressed up. Children also got £1 book tokens to spend on in the book store, which also sold things like stationery and journals.



Red Nose Day, cont'd from p. 1

that goes to Comic Relief is used to support keeping children safe, healthy and educated – things that are all important to maintain a balanced lifestyle.

More than 30 countries celebrate this event worldwide, showing the importance of the occasion

This year at Harbinger Primary School, we raised £145.41 for Red Nose Day altogether.

And Harbinger students and staff wore the colour red to celebrate comic relief and some people bought red noses to wear to school or home. I hope you enjoyed Red nose day 2023!

Dragon's Den, cont'd from p 1.

Not only that, they will be up against many more schools. We still are doing the competition and soon the dragons themselves will pick the team (group) to go to the dragons in HSBC which will be amazing.

Once the team goes to HSBC, they will show their product to the dragons and the other teams who came from different schools will show their own product to the dragons. Hopefully, we win this time.

We want to win this time because last we got runner up (silver 2nd place) and this time Harbinger is going for gold but all that really matters is participating (but it is all right and fun to be a little competitive).

I think this time we will manage to get gold and this project is super fun for the year 5 and year 5 love this experience of dragon den.



Gorsefield: Did You Go or Did You Stay?

by Asiya, Sabrina, Yusuf and Ayaan

I went

Gorsefield was the highlight of my year (so far)! I loved it, we did activities like Archery, Cycling, Campfire, Team Building, Orienteering and much more.

It was Fun. On the first day we had lots of fun, we had a tour then we had FOOD I LOVE FOOD- anyways it was fun.

We also got to go on a 2-3 hour walk in the afternoon (which was only one hour because people got tired).

On this walk we climbed a tree and saw a 'green croc' (that is our little joke). It was a SHOE. DONT WORRY WE ARE NOT GOING TO DIE.

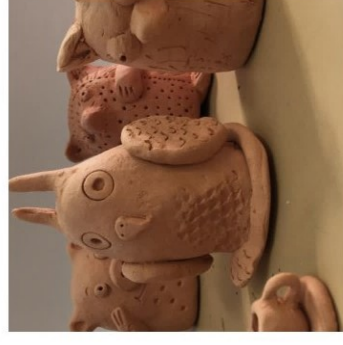
But my favourite part was the night walk, we had this around 8-9pm then we were all in bed by approximately 10: 30pm.

We watched LOADS of movies (when I say loads, I mean LOADS).

Thank You to Joe (Joseph) and Simon (THE BEST STAFF IN GORSEFIELD!!)



Gorsefield
Rural Studies &
Outdoor Activity Centre



I stayed

Not going to Gorsefield is a bit sad. But that did not stop us from having fun!

On the first two days we did some learning on Sam's duck.

The following days, we had some fun too. We did a project on an animal, mine was a Sea Lion. The other animals were Sharks, Penguin, Owl, Robin, and Pelican. We did power points, posters, paintings, clay sculptures and puppets!

We also watched a few movies on the last day. It was still fun even though we did not get to go Gorsefield.

