

Allergen Table November 2025- April 2026 Page 2

Recipe Name	 Mustard	 Soya	 Celery and celeriac	 Milk	 Egg	 Fish	 Cereals containing gluten	 Sesame	 Sulphur dioxide and sulphites	 Peanut	 Nuts	 Lupin	 Molluscs	 Crustaceans
Aubergine & Lentil Ragu							Y							
Beef Spaghetti Bolognaise (p)							Y							
Black Bean & Rice Burrito							Y							
Bubble Fish Bites						Y								
Butternut, Chickpea & Vegetable Curry	Y													
Cheese, Tomato & Basil Pasta Bake				Y			Y							
Chicken Pie with Mashed Potato Topping (Gravy)														
Chickpea & Vegetable Jollof Rice														
Chickpea, Cauliflower & Spinach Curry														
Chickpea, Cauliflower & Spinach Jalfrezi														
Hungarian Vegetable Stew (Lecso)														
Jacket potato with Cheese & Beans				Y										
Jacket Potato with Leek, Onions & Beans														
Lentil & Sweet Potato Curry	Y						Y							
Lentil & Vegetable Dahl (Spinach & Sweet Potato)	Y						Y							
Mexican Bean Vegan Roll	Y						Y							
Paprikash Chicken				Y										
Quorn Southern Fried Burger in a Bun							Y	Y						
Roast Beef														
Roasted Vegetable Lasagne	Y	Y		Y	Y		Y							
Roasted Vegetables Pesto Pasta Bake	Y	Y		Y			Y							
Sticky & Spicy Chicken Drumstick		Y												
Vegan Sausage Roll							Y							
Vegetarian Chicken Fillet (Tender) with Sweet Mango & Chilli Sauce		Y					Y							

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Baked Cajun Potato Wedges														
Chips (McCain Oven)														
Noodles							Y							
Gravy (Vegetarian)														
Mashed Potato (Homemade)														
Plain Couscous							Y							
Roast Potatoes (Fresh)														
Roast Potatoes (Frozen)														
Savoury Rice														
Spicy Diced Potato														
Baby Corn on the Cobs-Veg														
Baked Beans-Veg														
Braised Red Cabbage-Veg														
Broccoli- Veg														
Cauliflower- Veg														
Garden Peas-Veg														
Green Beans-Veg														
Green Cabbage- Veg														
Green Vegetable Medley-Veg														
Roasted Cauliflower-Veg														
Sauteed Leeks-Veg														
Sliced Carrots (fresh)-Veg														
Sweetcorn-Veg														
Mixed Bean Salad							Y							
Vegan Coleslaw (Homemade)														
Chef's House Salad														
Asian Noodle Salad		Y					Y							
Carrot & Sultana Salad														
Beetroot & Spring Onion Salad														
Vegan Red Coleslaw (Homemade)														
Hungarian Cucumber Salad							Y							
Brazilian Slaw							Y							

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